

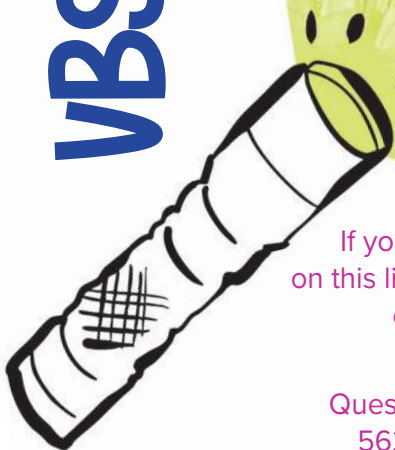
A dramatic, high-contrast photograph of a storm over the ocean. The sky is filled with dark, heavy, swirling clouds. Several bright, jagged lightning bolts strike down from the clouds towards the water's surface. The water is dark blue and turbulent, with white foam from a wave in the foreground. The overall mood is intense and powerful.

# A RISING STORM

**Welcome to Long Beach Alliance**  
**Sunday, May 17, 2026**



# VBS DONATIONS NEEDED



## FROM @ST@:

- (1) 60-count string cheese
- (3) 90-count fruit snacks
- (4) boxes of Oreos
- (4) boxes of Cheez-its
- (1) Bag of tortilla chips
- (1) Container of M & M's
- (2) Case of water bottles
- (3) 10 ounce paper cold cups
- (1) Package of small paper plates
- (2) large cartons of Goldfish Crackers
- (6) 45-count 1 oz. bags of goldfish crackers
- (3) 24-count Squeezable applesauce pouches
- (4) boxes Rice Krispie Treats
- (3) 64-count soft & chewy granola bars
- (3) Packages of Kirkland napkins
- (2) Boxes of Frito Lay classic mix individually packaged chips

## FROM THE GROCERY STORE:

- (2) Bags of cuties
- (2) Large boxes of cheerios
- (3) Teddy Grahams - honey flavor
- (2) Bags of chocolate chips

## DONATIONS & STATER BROS.

## GIFT CARDS FOR FRESH FRUIT AND VEGGIES

If you would like to help with anything on this list, please let Meghan know and drop off in the kitchen BY JUNE 15.

**THANKS SO MUCH!**

Questions??? Contact Meghan Brearley  
562.708.9261 or [meghan@lbac.org](mailto:meghan@lbac.org)

CELEBRATING THE LIFE OF

# Rhett Pascual

LOVING FATHER, HUSBAND,  
BROTHER, AND SON

SEPTEMBER 27, 1972 — APRIL 21, 2026

*Dear family and friends,  
please join us in celebrating the life of Rhett Pascual.*

*Though I walk through the valley of the shadow of death,  
I will fear no evil; for You are with me. — Psalm 23*

MONDAY, MAY 18



## VIEWING

All Souls Cemetery  
4400 Cherry Avenue, Long Beach, CA



FAMILY  
4:00 PM



FRIENDS  
5:00 PM – 8:00 PM

TUESDAY, MAY 19



## BURIAL

Forest Lawn  
4471 Lincoln Avenue, Cypress, CA  
11:00 AM – 12:00 PM



## MEMORIAL SERVICE

Long Beach Alliance Church  
3331 Palo Verde Ave, Long Beach, CA  
2:00 PM – 3:00 PM



## RECEPTION TO FOLLOW

3:00 PM – 6:00 PM  
(at the church)

*Contact*

RHYSS PASCUAL

562-349-4864

*for any questions*



SUPPORT OUR YOUTH GROUP

Help us get to



# HUME LAKE

CHRISTIAN CAMPS

## silent auction

Every bid helps send our youth to Hume Lake for an unforgettable week of faith, friendship, and fun!

**LAST DAY!**



CLOSES  
**MAY 17<sup>TH</sup>**  
10:00 PM

100% ONLINE  
*Bid from anywhere!*

→ Start bidding at:

[galabid.com/lbac2026](https://galabid.com/lbac2026)

SOME OF THE AMAZING ITEMS INCLUDE:



YOUR FAVORITE RESTAURANTS



LONG BEACH FAVS



ART & CREATIONS



SPORTS MEMORABILIA

*thank you*

FOR SUPPORTING OUR YOUTH & INVESTING IN THEIR FUTURE!

# Ninevival!

Long Beach Alliance Church • May 17, 2026 • Pastor Chris Lankford

***Will what is formed say to the one who formed it, "Why did you make me like this?" Or has the potter no right over the clay, to make from the same lump one piece of pottery for honor and another for dishonor? And what if God, wanting to display his wrath and to make his power known, endured with much patience objects of wrath prepared for destruction? And what if he did this to make known the riches of his glory on objects of mercy that he prepared beforehand for glory — on us, the ones he also called, not only from the Jews but also from the Gentiles?***

***~Romans 9:20b-24 (CSB)***

## 1) Repent! Destruction Is Coming!

- A) Jonah's preaching in Nineveh is briefly summarized (there was more, but we get the main thrust of God's message) -- 'repent or be demolished' (3:4).
- B) The response to Jonah's message was immediate and amazing! The people respond by 'believing God,' followed by actions to display their sincere repentance! The prophetic words of Jonah are met with immediate fasting and mourning (Jonah 3:5).
- C) Responding with "fasting" (abstinence from food) and "sackcloth" (an ugly, hairy, itchy, and uncomfortable outer garment (much like a modern-day burlap sack) was worn directly against the skin) were purposeful outward actions displaying weakness and disadvantage. It was a way to reject strength and beauty, and to outwardly reflect the reality of one's own soul.
- D) Fasting in the Old Testament could apply to a person or to a whole community. When King David's child became deathly ill, the king wept and fasted for a week (2 Samuel 12:16). Ancient Israel "proclaimed a fast" when facing a dire military threat (Jeremiah 36:9; 2 Chronicles 20:3), when God's guidance for the community was especially needed (Ezra 8:21), or in connection with a

legal procedure (1 Kings 21:9, 12). A natural disaster, such as a plague, could occasion the calling of a fast (Joel 1:14, 2:15). A fast was an intergenerational event for the whole community, including the children (2 Chronicles 20:13; Joel 2:16; Jonah 3:5) and even animals (Jonah 3:7-8). Actions associated with fasting demonstrated and brought about humility by taking away beauty and comfort. Those fasting often wore sackcloth, put dirt on their heads, and sat in ashes (Jonah 3:6-9; Jeremiah 4:8; Nehemiah 9:1). Since fasts were occasioned by national emergencies, fast days were proclaimed as needed; but in later times, there were set times for fasting (Zechariah 7:3, 5, 8:19). Some later prophets delivered scathing critiques of fasting that was not coupled with justice and love for the poor and hungry (Isaiah 58:3-9). Fasting, as see here in Jonah, was practiced by many cultures.

## **2) Revival Holds The Ninevites Captivated**

- A) Many grass-roots movements have been destroyed when political leaders get involved – but not in Nineveh! Even the king repents and publicly mourns (Jonah 3:6).**
- B) The king is so moved by Jonah's prophecy of Nineveh's impending doom, he issues a decree that everyone (even animals) must repent from wickedness and violence, and fast and mourn before God (Jonah 3:7-8).**
- C) Why would a foreign king, the people, and even animals, be moved to respond like this? Isn't God's Word final to the Ninevites? Prayer & fasting can't change God's mind (cf. 2 Samuel 12:1-23), right? As the king of Nineveh says, "who knows...?" (Jonah 3:9).**
- D) Jonah's proclamation about God's intentions toward Nineveh are presented as a certainty. Clearly though, the people (Jonah 3:5ff), the king (Jonah 3:9) and even Jonah himself (Jonah 4:1) understand that if Nineveh repents, God may relent (cf. Jeremiah 18:7-8).**
- E) And in this case, God does relent (Jonah 3:10). God "saw their deeds," which revealed their hearts (cf. 1 Samuel 16:7). The sure sign of a changed heart is spontaneously changed actions (cf. James 2:14-26)! GOOD NEWS!! God still changes hearts today (2 Corinthians 5:17 & 21).**



# Fun & Fellowship: JAPANESE GARDEN

**FUN AND FELLOWSHIP** invites women and children to the Long Beach Japanese Gardens  
Friday, May 29 from  
10AM-12PM

Meet at church at 9:20 to carpool!

The gardens are free, but the parking is \$8.00.

Call Kathie 562.234.5937 or

Marilyn 562.425.0827 for more information!



## Fun & Fellowship: STAMP UPDATE!

The Alliance has generated \$7,000.00 so far this year from the sale of used stamps! Thank you for your part in the translating of Christian curriculum into Spanish for So America! Keep depositing your used stamps in the black box located in the sanctuary lobby!



## LOST AND FOUND


HAVE YOU LOST ANYTHING?  
CHECK THE LOST AND FOUND TABLE  
IN THE COURTYARD TODAY!

# Let's Pitch In!

"Once upon a time, there were four people named Everybody, Somebody, Anybody, and Nobody. It seems there was an important job to be done and Everybody was asked to do it. Well, naturally, Everybody was sure that Somebody would do it. Anybody could of done it, but Nobody did it. Somebody got angry about that because it was supposed to be Everybody's job. Everybody thought Anybody could do it, but as it turned out, Nobody realized that Everybody wouldn't do it. As a result, Everybody blamed Somebody, when Nobody did what Anybody could have done."

## Here are some ways that **YOU** can serve at Long Beach Alliance Church this month!

- Replace Parking Lot Bumpers
- Topping Off Rocks in Courtyard
- Church Event Set Up & Tear Down
- Restrunging Christmas Trees
- Laminating and Cutting Materials
- Registering to serve during our Vacation Bible School this summer!
- Helping replace Rain Gutters
- Sorting VBS T-Shirts
- Sunday Morning Set Up & Tear Down



**If you are able to help with any of the following tasks, please contact us!**

**office@lbac.org or 562.420.1478**



**BAKE  
SALE**   
FUNDRAISER



SATURDAY  
**MAY 23**  
10:00AM



**HELP US RAISE MONEY FOR OUR  
TRIP TO HUME LAKE THIS SUMMER!**

FOR MORE INFORMATION  
**CONTACT**  
**HANK MCWATTERS**  
**562.552.6531**



**If you are willing to donate a baked good to be  
sold by our students, please let Hank know by  
May 20!**

# LBAC's Family Calendar & Events

Weekly Schedule

Regular Ministry Schedule & Contacts

## Sunday, May 17

- 9:30AM Worship & Celebration Service
- 9:30AM Gospel Project: Children's Ministry
- 7:00PM Parenting Group Book Discussion

## Monday, May 18

- 7:00PM Betrayal & Beyond Mtg. @ Eberhart's
- 7:00PM Pure Desire Ministry Meeting

## Tuesday, May 19

- 11:00AM Graveside Service For Rhett Pascual
- 2:00PM Memorial Service for Rhett Pascual
- 6:00PM Women's Bible Study @ Moses
- 7:00PM Men's Bible Study @ Miller's
- 7:00PM Middle/High School Youth Group
- 7:00PM Governing Board Meeting

## Wednesday, May 20

- 6:00PM AWANA- Awards Celebration

## Thursday, May 21

- 9:30AM Women's Bible Study @ Miller's
- 5:00PM Lydia House Womens Outreach
- 6:00PM Worship Team Practice

## Friday, May 22

- 8:00AM Men's In-Person & Zoom Bible Study
- 8:00PM NA In-Person Meeting

## Saturday, May 23

- 10:00AM Youth Bake Sale

## Sunday, May 24

- 9:30AM Worship & Celebration Service
- 9:30AM Gospel Project: Children's Ministry

## LIFE GROUPS

Contact: [office@lbac.org](mailto:office@lbac.org)  
Mid-week Adult Bible Studies

## CHILDREN'S MINISTRIES

**[LBAC Children's Ministries!](#)**

Sunday Mornings:  
Gospel Project @ 9:30AM

## AWANA

**[LBAC AWANA](#)**

Wednesday Nights September-May

## YOUTH MINISTRIES

**[LBAC Youth Ministries!](#)**

**[LBAC Youth Instagram Page](#)**

Every Tuesday Night @ 7:00PM

## WOMEN'S MINISTRIES

**[LBAC Women's Ministry!](#)**

Women's Ministry Event Information

Contact: [office@lbac.org](mailto:office@lbac.org)

Lydia House Meals Ministry  
3<sup>rd</sup> Thursday of each month

Women Connecting with Missions

Contact Kathie Metz: [kathiemetz@msn.com](mailto:kathiemetz@msn.com)

Crafty Women

3<sup>rd</sup> Saturday of each month @ 10:00AM

## MEN'S MINISTRIES

**[LBAC Men's Ministry!](#)**

Contact: [mensministry@lbac.org](mailto:mensministry@lbac.org)

## long beach alliance church offices

3331 palo verde avenue · long beach, ca · 90808-4113  
Phone: 562.420.1478 email: [office@lbac.org](mailto:office@lbac.org) website: [www.lbac.org](http://www.lbac.org)  
church office hours: Tuesdays-Thursdays 10:00AM-5:00PM  
For prayer requests: [prayer@lbac.org](mailto:prayer@lbac.org)

## church staff team

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**THE  
ALLIANCE**